

T or F Choking can happen to someone of any age

T or F Choking only occurs when the airway is totally blocked

T or F There are certain medical conditions that could cause a person to choke

The most high risk age for choking victims is (**under 5 / older than 5**).

Why are (1) small foods, (2) round, firm foods and (3) sticky foods the most common for children to choke on?

Take a good look at the list of choking hazards on pg 62, there are some odd ones on here. Pick a couple that are out of the ordinary for when we go over this page tomorrow.

3 signs and symptoms of choking....

- 1.
- 2.
- 3.

T or F A person that has enough air to speak, cry or cough, has enough air to breathe.

T or F If a person can speak or cough, encourage them to remain calm and quiet.

T or F High pitch, squeaking noises with no speaking is an indication of choking.

T or F You need to obtain consent for helping a choking victim

Choking is a combination of _____ back blows and ____abdominal thrusts

To give back blows, you need to be (**behind / beside**) the victim, put your arm (**around their waist / across their chest**) and bend the victim to be (**parallel / perpendicular**) to the ground.

Back blows should be given where and with what part of your hand?

If giving back blows to a child you may want to _____ in order to be eye level with the child.

For abdominal thrusts, you are behind the person with one foot between theirs. When you place your arms around their mid section, you should use 2 fingers as a landmark. The first one goes directly on the navel and the second one goes (**above / below**) the first one.

You should place your (**thumb side / pinky side**) of your fist on the other hand against the victim's stomach.

What are the 2 directions of the abdominal thrusts given _____ and _____.

T or F When the lodged object has been removed, you should just walk away and leave.

How do you change if the person is too large or pregnant.....

- 1.
- 2.

How do you change if the person is in a wheelchair ...

How do you change if you are alone....

Why do they recommend calling from a land line or gps tracking phone. Not only for choking but for other emergencies as well?

For an infant that is choking, they will lay on which part of your arm, _____. Their head should be (**higher / lower**) than their feet and their head and face should be supported by your hands when turning them in between abdominal thrusts and back blows.

T or F Back blows are done the same way for an infant as an adult/child.

T or F Abdominal thrusts are done the same way on an infant as an adult/child. If false (haha), tell correct procedure....

If the person becomes unresponsive, after you place them on the ground you should begin CPR with compressions. **HOWEVER, AFTER** each set of compressions, **BEFORE** you give rescue breaths you should check the mouth, why?

T or F You should only stick your fingers in the mouth of a victim if you see something.

Why should you not stick your fingers into the victim's mouth if you don't see something?