

Sudden Illness

Name: _____

T or F A sudden illness occurs with little or no warning

T or F A chronic illness would be considered a sudden illness

List 4 common signs and symptoms of a sudden illness.

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-
-

Why is it important to keep the victim calm and resting comfortably with a sudden illness situation?

Respiratory Distress affects a person's _____.

Hyperventilation is (fast and shallow / slow and deep) breathing.

T or F Respiratory arrest means the lack of breathing

Causes of RD

Signs/Symptoms of RD

Care for RD

- *
- *
- *

Asthma is a chronic illness, so what makes it be considered sudden?

T or F Triggers are substances or conditions that cause the asthma to flare up

2 examples of a trigger _____, _____

3 signs and symptoms of an asthma attack are...

- *
- *
- *

When do you use a quick relief(rescue) medication?

Some common allergies would include..

- *
- *
- *

T or F Hives, tightness in the chest and throat, swelling of the face, neck and tongue and trouble breathing are all signs of an allergic reaction.

T or F A severe allergic reaction is called anaphylaxis

T or F Anaphylaxis is life threatening

T or F Epinephrine and Antihistamines are both used in allergic reactions

Diabetic emergencies involve glucose, which is _____.

Hypoglycemia is (high/low) glucose levels.

Signs and Symptoms of a diabetic emergency include...

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- *
- *

T or F If a person is hyperglycemic and you give them some sugar because you are not sure, it will not do more damage

T or F A seizure has to do with electrical activity in the body. Specifically the _____.

T or F Epilepsy is a common cause of a seizure

T or F Convulsions, absence time and aura are signs of a seizure

First Aid for seizures includes...

- *
- *
- *

T or F you should put something in the victim's mouth, between their teeth, when they are having a seizure.

A stroke affects what organ of the body. _____

T or F TIAs are mini strokes.

What is a mini stroke?

What is important to remember if you have had a mini stroke?

BE FAST..... if you think someone is having a stroke...

B..

E..

F..

A..

S..

T..