

**You need to complete this and have it ready for Wednesday. Hold onto it after you complete it today. The second part of the worksheet will be given to you tomorrow.**

T or F Shock is an immediate reaction

Shock involves which system of the body not functioning correctly?

T or F Shock is commonly a result of severe bleeding or severe allergic reactions?

Signs and Symptoms of shock are....

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- 
- 

T or F Shock can be managed with only First Aid?

T or F The first step in managing shock is to call 911

Following 911, the first 3 things you should do are...

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- 

Why should you not give anything to eat or drink?

Why is it important to be assuring to the victim and keep them comfortable?

Blunt trauma and Penetrating can both cause internal bleeding, what is the difference and give an example of each.

Blunt trauma.....

Penetrating trauma .....

Why is internal bleeding not immediately obvious and maybe not determined to days later?

Think and be ready to answer and discuss.....If you don't see the blood in internal bleeding, then how come shock can still occur due to blood loss??

Signs and Symptoms of Internal bleeding include.....

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T or F A wound involves damage to skin of other body tissue

T or F A wound is classified as either open or closed

What is the main difference between an open and closed wound....

Open...

Closed...

Another name for a bruise is a \_\_\_\_\_. A bruise is a (open / closed) wound.

T or F Applying a cold pack to the bruised area will help to decrease bleeding and reduce pain and swelling.

The 1 ingredients for cold pack are \_\_\_\_\_ and \_\_\_\_\_.

The time rule for an ice pack is \_\_\_\_\_ on and \_\_\_\_\_ off.

T or F Before using a cold pack, you should apply a thin dry covering to the skin where it is going to be placed.

T or F Open wounds result in external bleeding which is visible to you.

Tell something about each of the 4 open wound types....

Abrasion...

- \*
- \*
- \*
- \*

Laceration...

- \*
- \*
- \*
- \*

Avulsion...

- \*
- \*
- \*
- \*

Puncture...

- \*
- \*
- \*
- \*

T or F The best way to clean a wound is with hydrogen peroxide

T or F The best way to help a wound heal is to keep it exposed to the air

Minor OPEN wounds are cared for by...

1. Using PPE
2. Apply direct pressure
- 3.
- 4.
5. Cover the area
6. Wash your hands

Major OPEN wounds are cared for by...

1. Call 911
2. Use PPE
3. Apply direct pressure
- 4.
- 5.
6. Apply a roller bandage
7. Check skin
- 8.
- 9.

T or F As you are applying direct pressure, you should remove blood soaked bandages and replace them

T or F It is possible for you to place the roller bandage on too tight

T or F Tetanus is a severe bacterial infection that can cause muscle paralysis or death

A tetanus booster should be every \_\_\_\_ years.

T or F The purpose of stitches (sutures) is to speed healing, reduce infection and minimize scarring.

Types of wounds that may require stitches include...

- |   |   |
|---|---|
| * | * |
| * | * |
| * |   |

Signs of infection include..

- |   |   |
|---|---|
| * | * |
| * | * |

What's the difference between a dressing and a bandage?