

Physical Education Alternative Assignments

One Day Assignments:

- Current Events
- Importance of PE
- Childhood Obesity
- Asthmatic Children
- Top ten causes of death
- Battling Obesity
- Cardiovascular Disease
- Fitness / Wellness
- Lifetime Fitness
- Individual / Team Sport

Two Day Assignments:

- Eating Habits
- Fitness of American Youth
- 5 Activities as an Adult
- Obesity web Search
- Physical Activity Web Search
- Power Point Presentation

Five Day Assignments:

- Team Sport Unit Packet
- Individual Sport Unit Packet

Ten Day Assignments:

- Career in Sports and Physical Education
- Fitness center Review
- Book Report

You May Not turn in the same assignment twice!